

*The Evolution of the Human Self as supported
through the Foundation Stone Meditation*

Wednesday – progression

Human Soul!
Practise spirit recalling
Your own I comes into being
In the I of God

Human Soul!
Practise spirit Awareness
Unite your own I
With the I of the World

Human soul!
Practise spirit vision
Bestow the Light of Cosmic Being
Upon your I, for free and active willing

...and today, the "I."

Coming into being – Expanding to unite itself with the world – receiving the light of Cosmic Being.

The practise of conscious memory, recalling – calling – ourselves into being

The practise of conscious Presence-Awareness, expanding the self into one-with-the-world

The practise of conscious vision, bestowing light on our creativity.

Within the pulse of Cosmic Being, that ebb and flow of processes so much vaster than my own consciousness, I find myself appearing, growing, and becoming light / enlightened.

When first it finds itself, the I wishes to grow, expand, discover itself in assertion. This under the guidance of the Father spirit in the heights.

Slowly it grows large enough to lose itself. Either in ecstasy or in catastrophe the self loses identity, leaves behind what it identified as. Jesus goes to the cross, either deliberately or under the coercion of the law. Either way, his death reveals the Christ.

The act of offering up our personal will, opinions, or desires: – not my will but thine (oh higher guides) be done, leaves the heaviness of our nascent ego behind and allows the Spirit of the Cosmic Thinking to illuminate the rebirth of our sense-of-self. The Cosmic Thinking IS the spirit of wholeness, the harmonic-structure of the universe. When we lift up our thoughts, feelings and decisions to this spirit, and open ourselves for imaginations, inspiration and intuition, we are, then, bestowing the Light of Cosmic Being upon our own I.

As a third step in a weekly rhythm of becoming this verse reminds our growing human self of the patterns that flow through our becoming. Mercury is my guide to expansion into my potential. The leaves of my soul-life burgeon forth. The father's Will, as above, so below. A weekly visit to this shrine refreshes, in my soul, a willingness and ability to flow with the endless growth-cycle of birth, death and resurrection that my everyday-self goes through. The more sweetly I can flow with this the easier life becomes. The more willingly I engage with this, through these spirit-filled practices, the richer-in-spirit my self becomes, serving the whole world by becoming its best potential.