

*The Evolution of the Human Self as supported through the Foundation Stone
Meditation*

Saturday – Spirits of Soul

Human Soul !

Practise Spirit Vision

Spirits of Soul, let this be prayed in the depths

What in the heights is answered.

Whence do our visions come?

I described last Wednesday the role of Imagination, Inspiration and Intuition in raising our soul to the spirit. Such an activity is a form of prayer.

The Father Spirit begets us: From above down. The Son Spirit unites us: Circling east to west. The Holy Spirit answers the prayers we offer: From below, upwards.

Who is it that prays?

What is this I, that answers to my name?

How do I find my way to Love?

This is the deep mystery of the Foundation Stone meditation.

Pouring out my thousands of words is but a doorstep.

Should you choose to enter this house you will find a living wisdom within. – A friend said to me: 'I have been meditating this text for years. I now find it has become a Golden Key for me. When I meet something I do not understand, I touch it with the Foundation Stone, and it opens to me, its meaning becomes clear.'

Have no doubt that this meditation will deepen you, it cannot fail, it is a magic of what creates you. Have no doubt that good will come through you more fully than it already does, if you work this text. You are the goodness of the gods, created to renew Love, and this prayer is that same substance.

You will also become stronger in yourself, for the Father-Spirit, in the heights holds sway. – You are the life He begets in these world-depths.