Saturn Path Weekend With Tobias Kaye

Practicing Rudolf Steiner's path to Awakening through relationship.

Pitchcombe Village Hall, Stroud Friday 12th 4pm to Sunday 14th Sept 3.30pm 2025

Cost £160 (Concessions on request)

More info



Booking: adfotheringham@yahoo.co.uk 07828 754576

The Saturn Path is Rudolf Steiner's invitation to Awakening through relationship.

Beyond all theory we find the opening of the human heart to the profound wisdom of our own being. The archangels of Saturn help us to sculpt our journey. Deep listening to each other reveals their voices to us again.

This weekend workshop consists of deep-listening circles where the emphasis is on sharing experience. Enquiring into who it is that I am in this moment, witnessed by others, creates a resonant listening community where we find ourselves deeply received and mirrored in each other's experience. What it means to be a human being, and becoming that together is the essential focus of this workshop.

As well as meditative reflection and sharing in the group, participants will be invited to work with Steiner's Foundation Stone Meditation as a gateway into enquiry. There will also be opportunities to explore through sound and movement, although no previous experience is necessary with these forms.

Preparing food, eating together and clearing up together provides a practical and social anchor for the deep sharing we will be doing, and forges strong bonds which can continue far beyond the weekend.

Tobias Kaye is a third-generation Anthroposopher. He has taught woodturning skills as 'spirit-awareness' on four continents. As the originator of Sounding Bowls he stands behind a musical instrument unique in world history. As a teacher of Saturn Path enquiry, he is keen to develop Steiner's indications on a path of development based on love and relationship and beyond the wisdom-tradition or any need for a teacher. Tobias lives in South Devon. For more information visit SoundingBowls.com/7/intro.